

National Urban Symposium: Youth & Family Wellness

December 7-9, 2005

Hyatt Regency

Dallas, Texas



Texas Cooperative
EXTENSION
The Texas A&M University System

Family Wellness x Youth and Family Wellness x Youth and Family Wellness x Youth and Family Wellness x Youth and Family Wellness x Youth and Family Wellness x Youth and Family Wellness

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*National Urban Symposium:
Youth & Family Wellness*

December 7-9, 2005

*Hyatt Regency Dallas
Dallas, TX*

Conference Program

Conference Objectives

Address physical, financial, and youth/family health issues by identifying innovative and effective Urban program models.

Improve visibility and document outcome/impacts of Urban 4-H & Youth Development and Family & Consumer Sciences programming in Extension.

Provide a forum for professionals representing a wide range of activities related to urban youth and families (e.g. financial management; healthy lifestyles for youth and adults; and physical health) from Extension, Research, and Practitioners.

Contribute to a National Urban agenda for future actions related to urban youth and family.

Conference Planning Committee Members

Bonnie McGee, Chair ~ Texas Cooperative Extension

Jenna Anding ~ Texas Cooperative Extension

Barbara Board ~ Virginia Extension

Martha Couch ~ Texas Cooperative Extension

Charlene Jacobs ~ University of Kentucky

Cheryl Lloyd ~ North Carolina State University

Joan Marsh ~ University of Georgia

Judy Warren ~ Texas Cooperative Extension

Mary Jane Willis ~ Rutgers Cooperative Extension

Sponsors

Texas Cooperative Extension

Heep Foundation – College of Agriculture & Life Science, The Texas A&M University System

Southern Region Program Leadership Network – Middle Management

Cooperative State Research, Education, and Extension Service

Wednesday, December 7, 2005

8:00 - 5:00 p.m. Registration Open UNION STATION ENTRANCE FOYER

11:30 a.m. Opening Luncheon PULLMAN A
~Moderator: Bonnie McGee~

Changing Demographics

Dr. Harold "Bud" Hodgkinson, Director
Center for Demographic Policy
Institute for Educational Leadership

Invitation to 2007 North Central Urban Conference

Jim Lindquist, Kansas
Al Black, Missouri

1:30 - 2:00 p.m. Break

2:00 - 3:00 p.m. ~Moderator: Mary Jane Willis~ PULLMAN A

Financial Wellness for Youth & Families

Dr. Jeanne M. Hogarth, Program Manager
Consumer Education & Research Section Division of
Consumer & Community Affairs Board of Governors of The Federal Reserve System

3:00 - 4:30 p.m. ~Moderator: Joan Marsh~ PULLMAN A

FINANCIAL WELLNESS PANEL

Creative Techniques for Teaching Youth and Adult Financial Education

June Puett, University of Tennessee Extension
Tiffany Rogers, Tennessee
Lorna McCandless-Moss, Tennessee
Anne Olson, Tennessee
Dorothy Simmons, Tennessee

IDA Financial Education Program: Quantitative and Qualitative Impacts

Barbara O'Neill, Rutgers Cooperative Research & Extension

**An Evaluation of the FCIC *Money Smart* Program Implemented
Through Volunteer Instructors**

Guadalupe Landeros, Texas Cooperative Extension
Joyce Cavanagh, Texas
Nancy Granovsky, Texas
Eloy Villafranca, Texas

5:00 - 7:00 p.m. Poster Session & Reception

GRAND HALL

Bucks for Books

Alison Couch, Alabama Cooperative Extension System
Donna Gullate, Alabama
Cynarra Fuller, Alabama

Alabama Relatives As Parents Program (RAPP)

Wilma Ruffin, Alabama Cooperative Extension System
Alison Couch, Alabama
Kevin Crenshaw, Alabama

Grandparents Raising Grandchildren Initiatives in Dallas County

Annie Tinsley, Texas Cooperative Extension
Susan Williams, Texas

EAT SMART to Prevent Chronic Disease

Dolores Sandman, Texas Cooperative Extension

Extension and 4-H/Youth Development: What is our future?

Jack Kerrigan, Ohio State University Extension

Listening To The Needs of Underrepresented Populations

Patreese Ingram, Penn State University

**Community Partnerships Provide Resources and Financial Education for
Low-Income Residents**

Pat Ludeman, University of Wisconsin Extension

A New Camp for a New Generation: The Hip-Hop Boot Camp

Paige Hess-Hill, West Virginia State University Extension
Chris Kessell, West Virginia

Fathers Reading Every Day (F.R.E.D.)

Stephen D. Green, Texas Cooperative Extension
Linda Mock, Texas

WiSe Up Women

Nancy Granovsky, Texas Cooperative Extension

Harris County Inmate Program

Elizabeth Trejo, Texas Cooperative Extension
Clemogene Wilson, Texas
Jo Lynn Jennings, Texas

Texas 4-H After School

Cheryl Newberry, Texas Cooperative Extension
Jeff Howard, Texas
Kevin Chilek, Texas

The Kids Marketplace

Heather Greenwood, Virginia Cooperative Extension

Youth Leaders in Action

Tad Pfeifer, Texas Cooperative Extension

A CAPITAL Idea – Getting Things Done with AmeriCorps

Lillianne Goeders, Texas Cooperative Extension

Where Does My Food Come From

Deborah Bost, North Carolina Cooperative Extension

Welcome Baby Family Resource Center

Margaret Wamugi, North Carolina Cooperative Extension

Thursday, December 8, 2005

7:30 a.m.

Breakfast

PULLMAN A

~Moderator: Judy Warren~

Welcome Comments: Ed Smith, Texas Cooperative Extension
Director and Associate Vice Chancellor
&
Margaret Hale, Texas Cooperative Extension
Executive Associate Director

Quality Education for Latinos and Latinas: Who are the education players?

Drs. Marco & Rita Portales

A professor of English at Texas A&M University and author of the Latino Trilogy;
Educational Consultant and co-author

9:30-10:00 a.m. Break

10:00-11:30 a.m. Concurrent Sessions

OUT OF SCHOOL PROGRAMS

~Moderator: Martha Couch~

PULLMAN B

Health Rocks!

Donna Gullatte, Alabama Cooperative Extension System
Cynarra Fuller, Alabama
Wilma Ruffin, Alabama

Move It, Beat It, Shake It!

Lillianne Goeders, Texas Cooperative Extension

GRANDPARENTS RAISING GRANDCHILDREN

STATION MASTER

~Moderator: Charlene Jacobs~

**Determining Effective Educational and Support Strategies for
Hispanic Grandparents Raising Grandchildren**

Romy Ledesma, Texas Cooperative Extension
Virginia Alonso, Texas

Grandparents Raising Grandchildren: Developing a Simulation Workshop

Dan McDonald, The University of Arizona Cooperative Extension

Linda Block, Arizona

Cynthia Flynn, Arizona

FINANCIAL WELLNESS THROUGH LIFE ~Moderator: *Mary Jane Willis*~ DEALEY

Financial Literacy in Later Life: Key Issues for the 2000s and Beyond

Barbara O'Neill, Rutgers Cooperative Research & Extension

Expanding Urban Outreach Throughout Financial Literacy Coalitions

Guadalupe Landeros, Texas Cooperative Extension

Nancy Granovsky, Texas

HEALTH - PHYSICAL ACTIVITY ~Moderator: *Joan Marsh*~ CLUBCAR

Walking Through Florida: An Employee Wellness Initiative

Danielle Gordon, University of Florida

**Wellness in the City – A Health and Wellness Program of
Texas Cooperative Extension in Dallas and Tarrant Counties**

Susan Richey, Texas Cooperative Extension

Dana Tarter, Texas

Hip Hop in the City: Understanding the Culture and Consequences

Javiette Samuel, Tennessee State University

11:30-12:20 p.m. Lunch

GRAND HALL

1:00-1:45 p.m.

~Moderator: *Cheryl Lloyd*~

PULLMAN A

Family Health & Wellness: WE CAN

Ms. Karen Donato, Coordinator

National Heart, Lung, & Blood Institute

1:45-2:30 p.m.

~Moderator: Jenna Anding~

PULLMAN A

EXTENSION RESPONDS: OBESITY EDUCATION INITIATIVE

**Creating Healthy Generations: Cumulative Findings from
Two Major Urban Family-Focused Interventions**
Phyllis Fleming, University of Georgia
Marsha Davis, Tennessee

Strategy to Increase Elementary Classroom Nutrition Education
Maureen Burson, University of Nebraska
Karen Wobig, Nebraska

Foods & Fitness: Activities for Youth
Darlene Myatt, Texas Cooperative Extension

2:30-3:00 p.m. Break

3:00-5:00 p.m. Concurrent Session

COLLABORATORS/PARTNERS

~Moderator: Charlene Jacobs~

STATION MASTER

All About Me

Donna Gullatte, Alabama Cooperative Extension System
Alison Couch, Alabama
Cynarra Fuller, Alabama

The Family Life Center

Wilma Ruffin, Alabama Cooperative Extension System
Donna Gullatte, Alabama
Cynarra Fuller, Alabama

Real World - Richmond

Crystal Tyler, Virginia Cooperative Extension
Jacqueline Lawrence, Virginia
Malinda Miller, Virginia

**An Examination of the Nature and Experience of
Community Collaboration in Extension Education for At Risk Populations**
Barbara Board, Virginia Cooperative Extension

3:00-4:00 p.m.

&

Concurrent Sessions

4:15-5:15 p.m.

USING THE WEB FOR OUTCOME/IMPACT ~Moderator: Cheryl Lloyd~ PULLMAN B

Home Study Updated for the Web

Alice Crites, University of Nevada Cooperative Extension

Chris Koehler, Washington

Patricia Behal, Nevada

Parents Forever: Education for Families in Divorce Transition

Minnell Tralle, University of Minnesota Extension Service

Rose Allen, Minnesota

Walk Across Texas and Do Well, Be Well with Diabetes

Carol Rice, Texas Cooperative Extension

FOOD & NUTRITION

~Moderator: Mary Jane Willis~

DEALEY

Evaluation of a Fresh Produce Food Safety Education Program

Amanda Scott, Texas Cooperative Extension

Paul Pope, Texas

Suresh Pillai, Texas

Peggy Van Laanen, Texas

The Importance of Nutrition in the Prevention of Birth Defects:

Education Outreach in South Texas

Jenna Anding, Texas Cooperative Extension

5:00 p.m.

Evening on your own

Friday, December 9, 2005

7:30 a.m. Breakfast GRAND HALL

8:30-9:30 a.m. ~Moderator: Martha Couch~ PULLMAN A

Positive Youth Development
Dr. Jaqueline V. Lerner, Professor
Boston College, Lynch School of Education

9:30-10:00 a.m. Break

10:00-11:00 a.m. ~Moderator: Judy Warren~ PULLMAN A

Extension's Response to Positive Youth Development Research

Dr. Suzanne Le Menestrel, National Program Leader
for Youth Development Research
at National 4-H Headquarters
Cooperative State Research, Education and Extension Service

11:00-12:00 p.m. ~Moderator: Bonnie McGee~ PULLMAN A

Too Much on Your Plate

Mr. Kevin Keable
Work Life Balance

12:00 noon Conference Adjourns